

LIFE TEST

Artist Statement:

The purpose of the "Life Test" is to bring to attention the things that I am doing wrong so that I may learn from my mistakes, live well, and be a positive member of society.

LIFE TEST

Name: _____

Subject: Life

Time Allowed: One Lifetime

The following questions are written in no particular order and will be provided in formats such as multiple-choice, short answer and essay questions.

1. What is the highest degree or level of school you have completed? If other, please specify.

- less than highschool diploma high school degree bachelor's degree
 master's degree doctorate other

2. a) What is your current employment status?

- employed (full-time) employed (part-time) self-employed
 unemployed (currently looking for work) unemployed (currently not looking for work)
 retired unable to work

b) If employed, what do you do? If retired, what did you do?

3. What are you passionate about?

4. Do you live in a positive environment? yes no
5. Do you surround yourself with positive people? yes no
6. What type of person are you?
- optimist
 - pesimist
7. What type of person are you?
- organized
 - disorganized
8. How often do you exercise?
- sometimes
 - all the time
 - never
9. How healthy is your diet?
- good
 - bad
 - mediocre
10. What do you generally do when you feel fear?
- confront
 - avoid
11. What type of person are you?
- careful
 - careless
12. Do you work hard? yes no
13. Are you a good listener? yes no

14. How do you generally treat people?

good

bad

15. Do you help those who are less fortunate?

yes

no

16. Are you envious of others?

yes

no

17. What are your goals and what are you doing to reach them?

18. How do you react when things get difficult?

give up

persevere

19. What type of person are you?

sociable

unsociable

20. Are you selfish?

yes

no

21. Do you have good personal hygiene? yes no
22. Are you obsessed with your appearance? yes no
23. Are you overly concerned with material possessions? yes no
24. Do you have a sense of humour? yes no
25. Do you take the time to appreciate what is often ignored? yes no
26. What type of person are you?
- responsible
 - irresponsible
27. What concerns you the most?
- trying
 - the outcome
28. Do you get angry or upset easily? yes no
29. Are you easily bothered or offended? yes no
30. What type of person are you?
- reasonable
 - unreasonable
31. What type of person are you?
- violent
 - peaceful
32. Are you willing to ask for help? yes no

33. Do you clean up after yourself? yes no

34. What type of person are you?

patient

impatient

35. Do you talk badly of people behind their back? yes no

36. Do you belittle or degrade your friends? yes no

37. Do you invade people's privacy? yes no

38. Do you harass people? yes no

39. Do you have the means or skills to take care of yourself? yes no

40. Do you have any talent or skills? If yes, what are they? yes no

41. Do you have potential? yes no

42. Do you lie? yes no

43. Are there people in your life who you can trust or rely on? yes no
44. Do you make others laugh or smile? yes no
45. When was the last time you made someone feel appreciated?
 recently long ago I haven't
46. When was the last time you gave someone a compliment?
 recently long ago I haven't
47. Do you support others? yes no
48. Are you too harsh on yourself? yes no
49. Have you learned from your mistakes? yes no
50. Are you sorry? yes no
51. Have you made amends? yes no
52. Do you make promises you can't or won't keep? yes no
53. Have you mistreated those you love? yes no
54. Have you told the people you love, that you love them? yes no
55. Have you been a good friend? yes no
56. Have you ever put the needs of others before yourself? yes no
57. Have you fought for your beliefs? yes no

58. Do you protect others? yes no

59. Have you let important thoughts or feelings go unsaid? yes no

60. Do you take satisfaction from the misfortune of others? yes no

61. Do you serve a cause greater than yourself? If yes, what is it? yes no

62. Are you procrastinating? yes no

63. Have you lied to yourself in order to make yourself feel better? yes no

64. Seize the _____.

city dog day water

65. How do you feel about yourself?

love

hate

66. How do you deal with a problem?

get upset

look for a solution

67. Do you get along well with others?

yes

no

68. Do you take time to rest?

yes

no

69. What have you contributed to society?

70. Do you spend time with your family or loved ones?

yes

no

71. Do you respect all life?

yes

no

72. Do you dislike people because their different than you?

yes

no

73. Do you start or provoke fights?

yes

no

74. Are you easily provoked?

yes

no

75. Which option are you when compared to others?

superior

inferior

equal

76. How long do you hold a grudge?

- I don't hold grudges not long long enough to get even forever

77. Do you admit when you are wrong?

- yes no

78. Do you overreact?

- yes no

79. Are you self-centered?

- yes no

80. What do you think is the most important thing in life?

81. Do you have regrets?

- yes no

82. Do you have difficulty controlling your actions or behavior?

- yes no

83. What do you stay alive for?

84. How do you feel?

good

bad

85. How clean is your conscience?

clean

dirty

somewhere in the middle

86. Do you behave as if you know everything?

yes

no

87. Do you suffer from addiction?

yes

no

88. Do you lack empathy?

yes

no

89. Are you guilty of wrongful behavior?

yes

no

90. At the time, did you understand that what you did was wrong?

yes

no

91. Do you believe in yourself?

yes

no

92. What is the most important lesson that you've learned?

93. Do you apologize when you owe someone an apology?

yes

no

94. Have you ever done something stupid?

yes

no

95. What are your strengths?

96. What are your weaknesses?

97. How often are you in a bad mood?

sometimes all the time never

98. Are you forgiving?

yes no

99. What is your life purpose?